

# 30 DAYS Money Saving Habits

Take up a new habit every day

1

Analyse your monthly income and expenses

2

Get Financial Planning with Low Quotes to help you achieve your financial goals

3

Create a weekly budget to control better your expenses

4

Commit to a week of no eating out

5

Open an emergency savings account

6

Clear your garage and sell online what you don't need

7

Call Low Quotes to switch your mortgage to a cheaper provider

8

Download and use your grocery shop's coupon app

9

Set up a monthly auto-transfer into your emergency savings account

10

Use an air fryer instead of oven or slow cooker

11

Arrange a home energy audit

12

Cook and pack your lunches for your upcoming work week

13

Skip a night out with friends and enjoy a free activity

14

Do a "no spending" day. Put the money you'd have spent in your savings account

15

Don't miss the time to get refunds

16

Call Low Quotes to switch your insurance to a cheaper provider

17

Cancel any subscriptions or services you don't need or use.

18

Make coffee at home instead of buying it from a coffee shop

19

Plan your meals ahead of time to avoid last-minute takeout

20

Avoid buying bottled water and use a refillable water bottle instead

21

Shop around for better deals on your mobile phone or internet services.

22

Cut back on alcohol consumption to save money and improve your health

23

Use cash instead of credit cards to limit impulse purchases

24

Cut back on energy usage by turning off lights and unplugging electronics

25

Buy a washing line instead of using a dryer

26

Sell your old clothes for cash

27

Buy in bulk to save money on frequently used items

28

Look for free entertainment options, such as parks or museums

29

Lower your thermostat when you're not home

30

Review your progress & make adjustments to your budget and spending habits as needed.



Low Quotes  
Financial Planning